



Canadian Health Measures Survey

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Two-step survey

- **Interview at home**
 - general health and nutrition
 - basic information such as age, sex and marital status
- **Physical measures at a clinic**
 - body composition (height, weight, ..)
 - cardiovascular fitness
 - blood and urine collected then analysed in a lab for:
 - environmental contaminants
 - nutritional status
 - diabetes and cholesterol



Methodological Requirements & Challenges

- Requirements
 - Population aged 6 to 79
 - National estimates for 5 age groups by sex
 - Sample size 6,000 to 8,000
- Challenges
 - Response rates (burden, privacy issues)
 - Cost (personal interview, set-up of clinic)
 - Clustering of respondents to travel to a clinic



Schedule of events

- Pre-test currently in Calgary ending in December 2004
- Dress rehearsal Winter 2006
- Survey in the field from October 2006 to September 2007
- Data released sometime in 2008.